

Culture corner

TRADITIONAL

Christmas

**DISHES IN THE UNITED
KINGDOM AND
LATVIA**

MATERIĀLU VEIDOJA

RPAC IZGLĪTĪBAS METODIĶE EVIJA KAŠA

NOVEMBRIS, 2023



Christmas FOOD

Vai Tu **zini**, ko cilvēki ēd Ziemassvētkos Lielbritānijā?
Noskaidro! **Iztulko** un **pieraksti**! Ja nepieciešams,
izmanto vārdnīcu!



turkey



cranberry sauce



brussels sprouts



roasted potatoes



mince pie



pudding



pigs in a blanket



red cabbage



English trifle



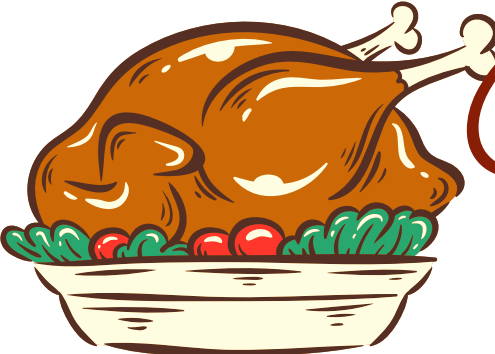
roasted parsnip



shortbread

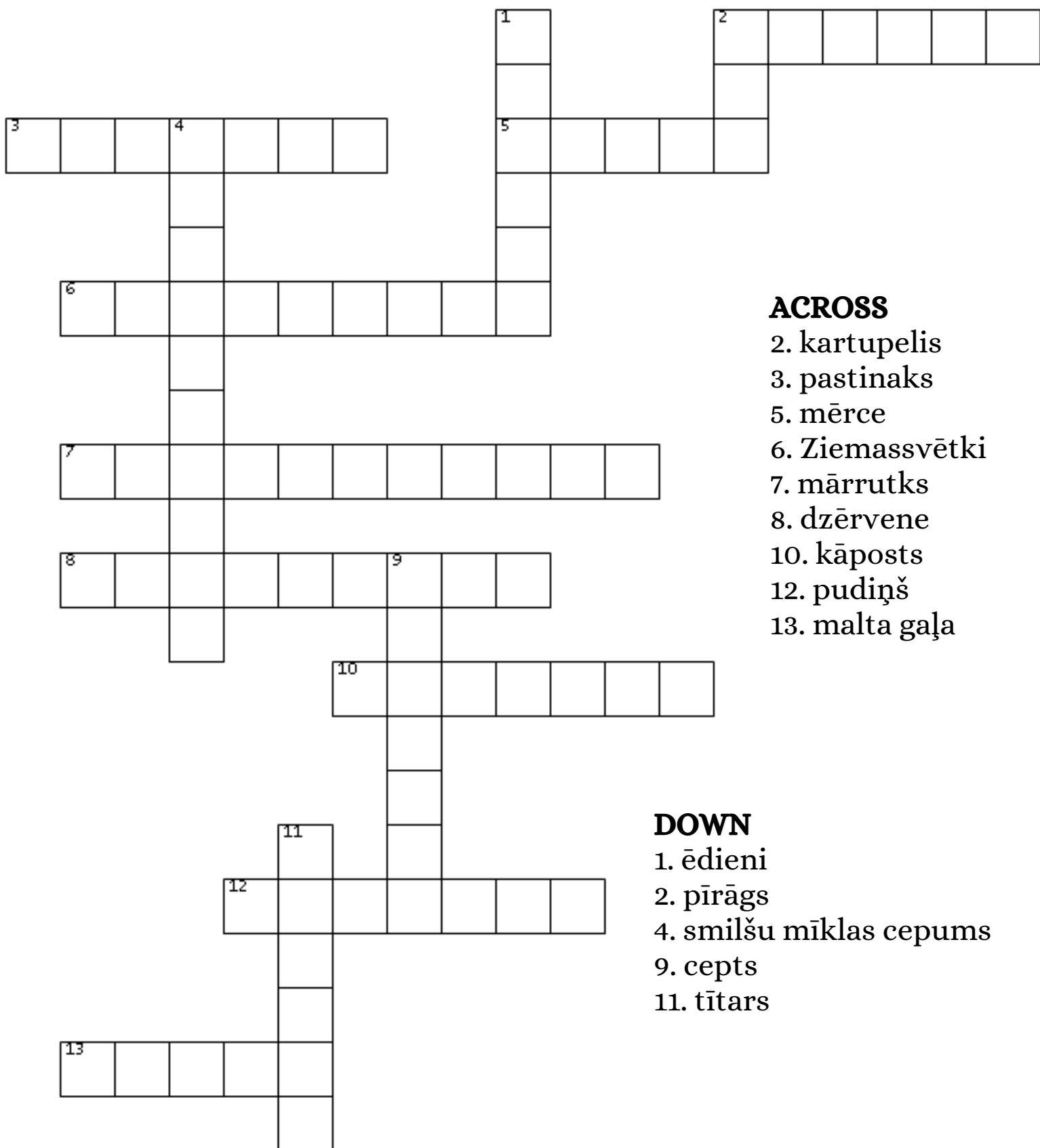


horseradish sauce



Christmas FOOD

Atmini krustvārdu mīklu.



ACROSS

- 2. kartupelis
- 3. pastinaks
- 5. mērcē
- 6. Ziemassvētki
- 7. mārrutks
- 8. dzērvene
- 10. kāposts
- 12. pudiņš
- 13. malta gaļa

DOWN

- 1. ēdieni
- 2. pīrāgs
- 4. smilšu mīklas cepums
- 9. cepts
- 11. tītars



Christmas FOOD

Vai vari **atrast** visus produktus un Ziemassvētku ēdienus šajā burtu režģī? **Meklē un iekrāso!**

i y g j d z e r f r p c b p c
 a x f n x t e y c x m n b i a
 p d h s i d a r e s r o h n b
 i o x r x d y p h x w j n s b
 o z t u e e d o u n a z x r a
 k b i a k m r u e l h z k a g
 h y g r t t v y p g a b w p e
 c u u t b o e l f i r t l i w
 q t z r b c b e w g p m u v s
 p l e c w c s r z h u d s s p
 p a m f r e t d f v y c m i u
 d a s w o h h h q f u o e f l
 q p w b c r a n b e r r y a y
 w c w k z i g z f l f n m l w
 s h f k x q f e s t d u h t h



cabbage



parsnip



pudding



turkey



cranberry



pie



shortbread



horseradish



potato



trifle



Christmas FOOD

Viss ir juku jukām! Vai vari **atšifrēt** teikumu? **Liec** kopā burtu kartiņas. Katru kartiņu **izmanto** vienu reizi. Skaties **paraugu!**

n	d	s	w	a	t	e	i	s	m	r	,	a	r	a	n	b	e	r	r	i	.	y	s	a	
b	e	r	r	e	s	,	c	r	a	n	u	g	a	r	o	f	c	u	c	e	a	d	e		

Cran	berr	y	sa	uce	is	m	ade	of	c	ranb
erri	es,	wate	r,	a	nd	s	ugar	.		



Dzērveņu mērce tiek gatavota no dzērvenēm, ūdens un cukura.
Cranberry sauce is made of cranberries, water, and sugar.

r	k	e	y	o	a	s	.	e	d	w	i	s	s	p	r	o	u	t	s	i	t	h	
s	e	l	s	t	t	u	s	e	r	v	b	r	u	s									

Roast																								



Cepts tītars tiek pasniegts ar Briseles kāpostiem.

u	r	f	i	r	s	t	i	e	.	a	t	i	n	e	n	e	m	i	n	t	m	a	w	i	s
h	w	h	k	e	a	Y	o	u	g	y	o	m	u	s	c	e	p								

You																									
																									ie.



Tev jāievēlas vēlēšanās, ēdot gaļas pīrādziņu pirmo reizi.

s	h	o	,	f	l	a	n	d	a	d	i	s	m	a	o	u	r	,	t	b	r	s	u	g	
t	t	e	r	d	e	o	a	r	.	f	b	u													

Shor	tbre																								
																									ar.



Smilšu cepumi ir gatavoti no sviesta, miltiem un cukura.



Christmas FOOD

Saliec burtus, lai izveidotu vārdu un tad teikumu. Katrs vārds ir atdalīts ar melu laukumu.

T			E			A				R	E		W	I		
			R	O		S	T	E		P			T		S	.

U R K Y A C N D B E O T E S A O V E D T H

Help!

Tītaru var pasniegt ar ceptiem kartupeļiem.



P	R	N	P		A	E				D				C		O
					M	N	S		C	A	N			.		

A S I V S T A R I A G O O D S E U R E F

Help!

Pastinaks ir labs resurss vitamīniem C un E.



				E				S		N	D		A	P				F	O
								U	D	I	G	.							

Y O U N E T H E U P D N T A D N P L E S R

Help!

Pudiņam tev nepieciešami rieksti un āboli.



		S	,		E			C		B	B	A						E	A		Y
								H			L	T			!						

Y E R D E A A G E H Y I S R L L

Help!

Jā, sarkanais kāposts ir ļoti garšīgs!





Christmas FOOD

Vai Tu **zini**, kādi ir tradicionālie Ziemassvētku ēdieni Latvijā? Noskaidro! **Iztulko** un **pieraksti**! Ja nepieciešams, **izmanto** vārdnīcu!



roasted pork



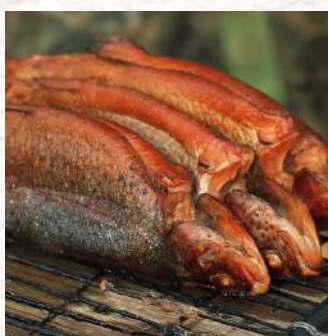
rasol



stewed sauerkraut



grey peas with
bacon



smoked fish



roasted apples
with honey



roasted carp



bacon buns



sauteed cabbage



beans



pig's snout

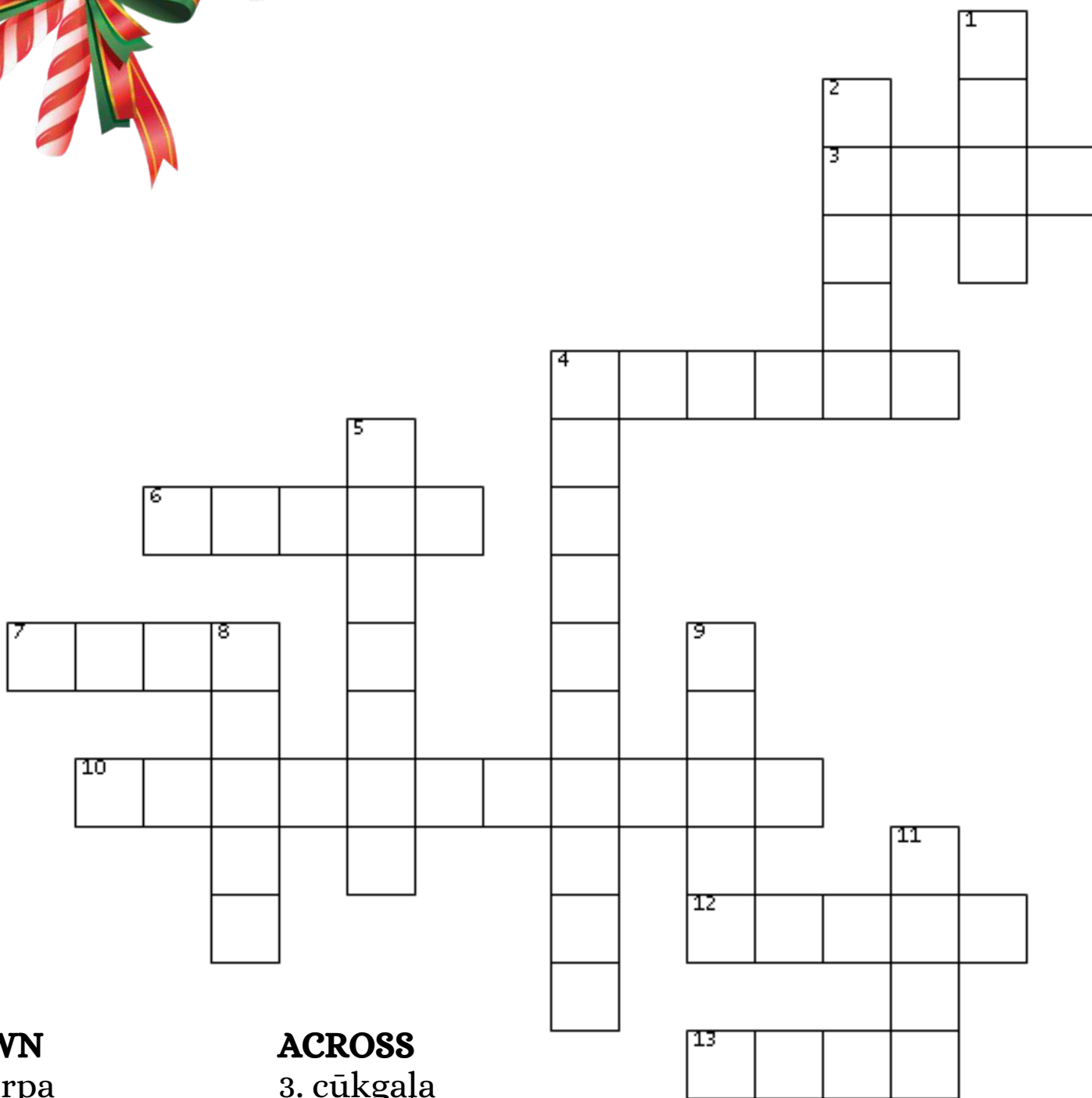


gingerbread



Christmas FOOD

Atmini krustvārdu mīklu.

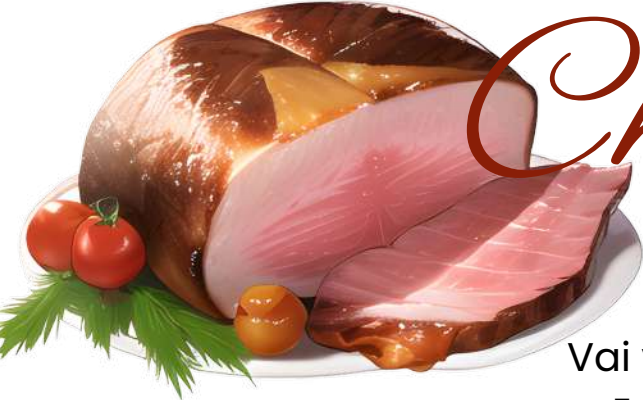


DOWN

1. karpa
2. ābols
4. skābēti kāposti
5. sacepts
8. medus
9. pupas
11. pīrādziņi

ACROSS

3. cūkgaļa
4. kūpināts
6. rasols
7. zivs
10. piparkūka
12. snuķis
13. zirņi



Christmas FOOD

Vai vari **atrast** visus produktus un Ziemassvētku ēdienus šajā burtu režģī? **Meklē** un **iekrāso**!

M S F P H O N E Y C R C I K K
P J D O H G H M A I L A H M O
N U B R C Z N R Y V C H S G N
U L M K Q V P Q L C B T I O I
X E B Y J B Y P T M K N A T L
Y C Y H A R W U X W G I W S P
H R S N I V F L V E R P E V M
L I Y T U A R K R E U A S L P
F W O O B V P B T G H V A G X
D K O B V K R T F R N P E X Y
S X K M T E C X C E M Z P N W
P N E T A E V D O N K M I S C
W M A D A Q X V K C H M L B B
M T L E L H E N Z P P G W G K
R S P B B Y K Z D J N Y W P G



beans



fish



peas



sauerkraut



bun



gingerbread



pork



carp



honey



rasol



Christmas FOOD

Viss ir juku jukām! Vai vari **atšifrēt** teikumu? **Liec** kopā burtu kartiņas. Katru kartiņu **izmanto** vienu reizi. Skaties **paraugu!**

n	d	s	w	a	t	e	i	s	m	r	,	a	r	a	n	b	e	r	r	i	.	y	s	a	
b	e	r	r	e	s	,	c	r	a	n	u	g	a	r	o	f	c	u	c	e	a	d	e		

Cran	berr	y	sa	uce	is	m	ade	of	c	ranb
erri	es,	wate	r,	a	nd	s	ugar	.		



Dzērveņu mērce tiek gatavota no dzērvenēm, ūdens un cukura.
Cranberry sauce is made of cranberries, water, and sugar.

⊗	d	i	s	v	e	t	n	i	n	e	l	e	b	n	e	e	d	.	⊗	h	e	y	P	e	o	p	⊗
h	e	s	e	a	t	e	⊗	l	i	e	h	r	i	s	a	t	c	t	m	a	s	t	o	⊗			

Peop		elie				to	
	dis			hris		.	



Cilvēki tic, ka Ziemassvētkos ir jāapēd deviņi ēdieni.

e	r	y	l	a	r	⊗	.	s	s	n	P	i	g	'	⊗	i	s	v	p	o	p	u	o	u	t
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Pig'						lar.
------	--	--	--	--	--	------



Cūkas šņukurs ir ļoti populārs.

k	.	n	g	s	P	⊗	o	r	k	b	r	i	g	o	o	d	l	u	c
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Pork						
------	--	--	--	--	--	--



Cūkgaļa nes veiksmi.



Christmas FOOD

Saliec burtus, lai izveidotu vārdu un tad teikumu. Katrs vārds ir atdalīts ar melnu laukumu.

		T	I		S			I	K	E		T	O		E	T			R	K	,				D
	P	G	'				O	T									S	T							.

S H
L A I V A N S N L U F O C A R I P O M A S A N

Help!

Latviešiem Ziemassvētkos patīk ēst cūkaļa un cūkas šņukuru.



R	A			L		S						T	I	O	N	A					L	A	D		N
								L				I		.											

Help!

A D I
S O I T R A T V A L S A I
Rasols ir tradicionālie latviešu salāti.



						R	E						A	L	L	Y								
						I	N	G		R	B					D	.							

Help!

D U
C H I L G N E U S R E A L I K E

Bērniem parasti garšo piparkūkas.



	H								M					N	S		E			F			
							B	A	C		N		B		N	.							

O U
T E R E I S E A T I I D O A

Help!

Speķa pīrādziņos iekšā ir gaļa.





Christmas FOOD

Izlasi, ko Ziemassvētkos parasti ēd Alekss un Linda.
Izpildi uzdevumus!



Alex lives in London with his family - two sisters, a brother, a mom, and a dad. They always have a big Christmas dinner where all the relatives come together. Alex likes turkey with cranberry sauce. He also eats roasted potatoes and parsnip, which most people do not like. For dessert, he prefers pudding or English trifle.



Linda lives in Alūksne. She lives with her brother, a mom, a dad and her grandparents. They celebrate Christmas together with their family's friends. Linda bakes bacon buns together with her grandmother. She prefers sauteed cabbage, beans, and roasted pork. She usually does not prefer peas with bacon. For dessert, Linda chooses roasted apples with honey and homemade gingerbread.

1. **Atzīmē (apvelc)**, ko Ziemassvētkos ēd Linda un Alekss.

Alex					
Linda					

2. **Uzraksti** teikumus par Aleksu un Linu. **Skaties** paraugu.

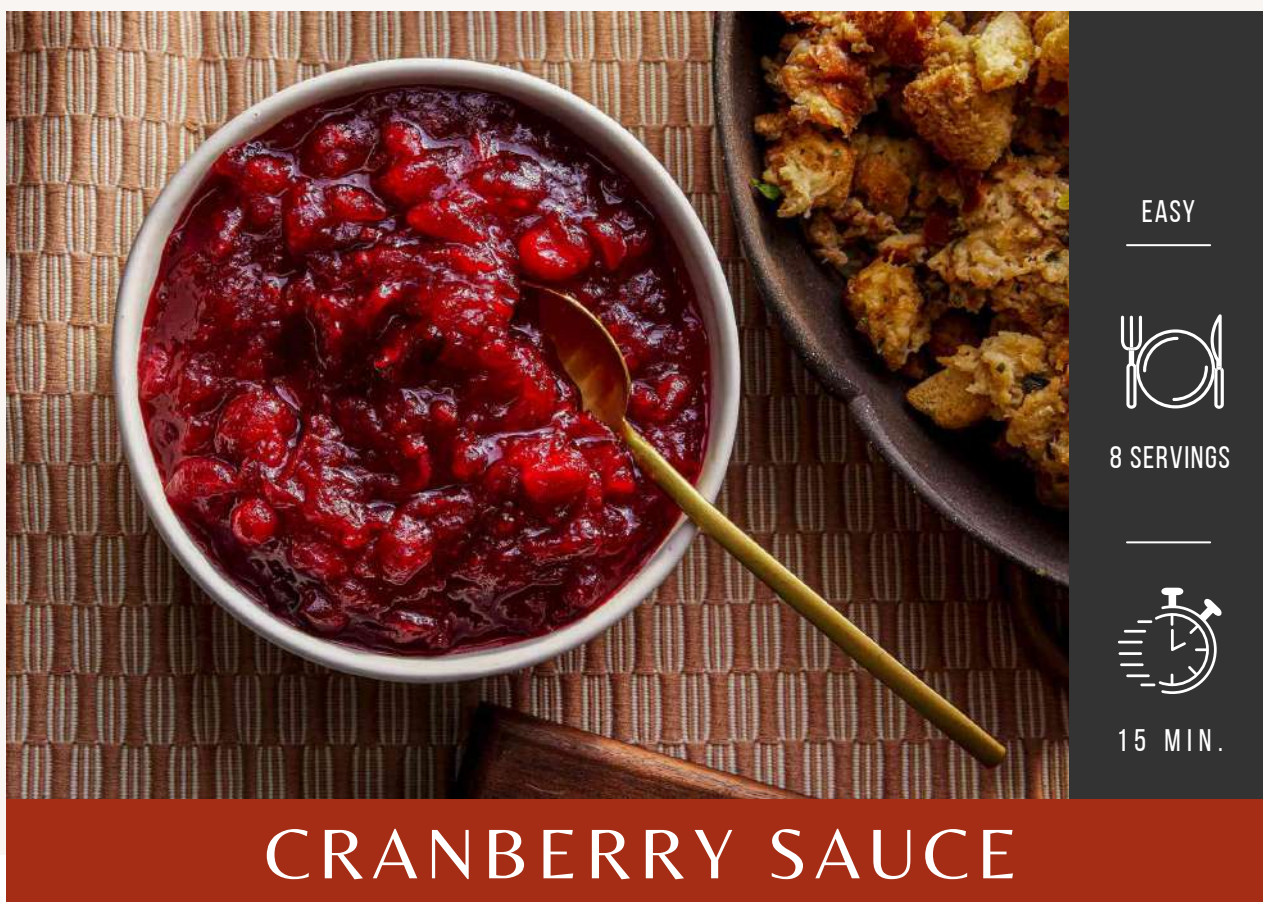
Paraugs:

Alex **likes** Christmas.

Linda **does not like** snow.

1. Alex
2. Alex
3. Alex
4. Alex
5. Alex
6. Linda.....
7. Linda.....
8. Linda.....
9. Linda.....
10. Linda.....

Kā pagatavot dzērveņu mērci? **Lasi, ieraksti** dotos vārdus.



CRANBERRY SAUCE

INGREDIENTS



- 100g light muscovado sugar



- 100ml orange juice, fresh or from a carton



- 250g pack fresh or frozen cranberries

DIRECTIONS  **simmer, keep, add, stir**

STEP 1

_____ 100g light muscovado sugar and 100ml orange juice into a pan, then bring to the boil.

STEP 2

_____ in 250g fresh or frozen cranberries, then _____ until tender but still holding their shape – this will take about 5 mins if using frozen cranberries or 8-10 mins if using fresh.

STEP 3

The sauce will thicken as it cools. _____ in the fridge for 1 week. On the day, bring to room temperature before serving.

Kā pagatavot rosolu? **Lasi, ieraksti** dotos vārdus.



EASY



8 SERVINGS



1 HOUR

RASOL

INGREDIENTS



5 boiled medium potatoes



3-4 boiled eggs



boiled sausage



4 - 5 medium-sized
pickled cucumbers



1 can of pickled green peas



1 large boiled carrot



mustard



mayonnaise



cream



pepper



salt

DIRECTIONS

1. _____ the potatoes, sausage, cucumbers, carrots and eggs. _____ everything.
 2. Next, _____ green peas, half a teaspoon of mustard and one packet of mayonnaise.
 3. _____ salt and pepper.
 4. _____ the rasol very, very thoroughly. 5. _____.
- Then, if necessary, add more spices and, if necessary, cream.

taste, mix (2x), add (2x), chop