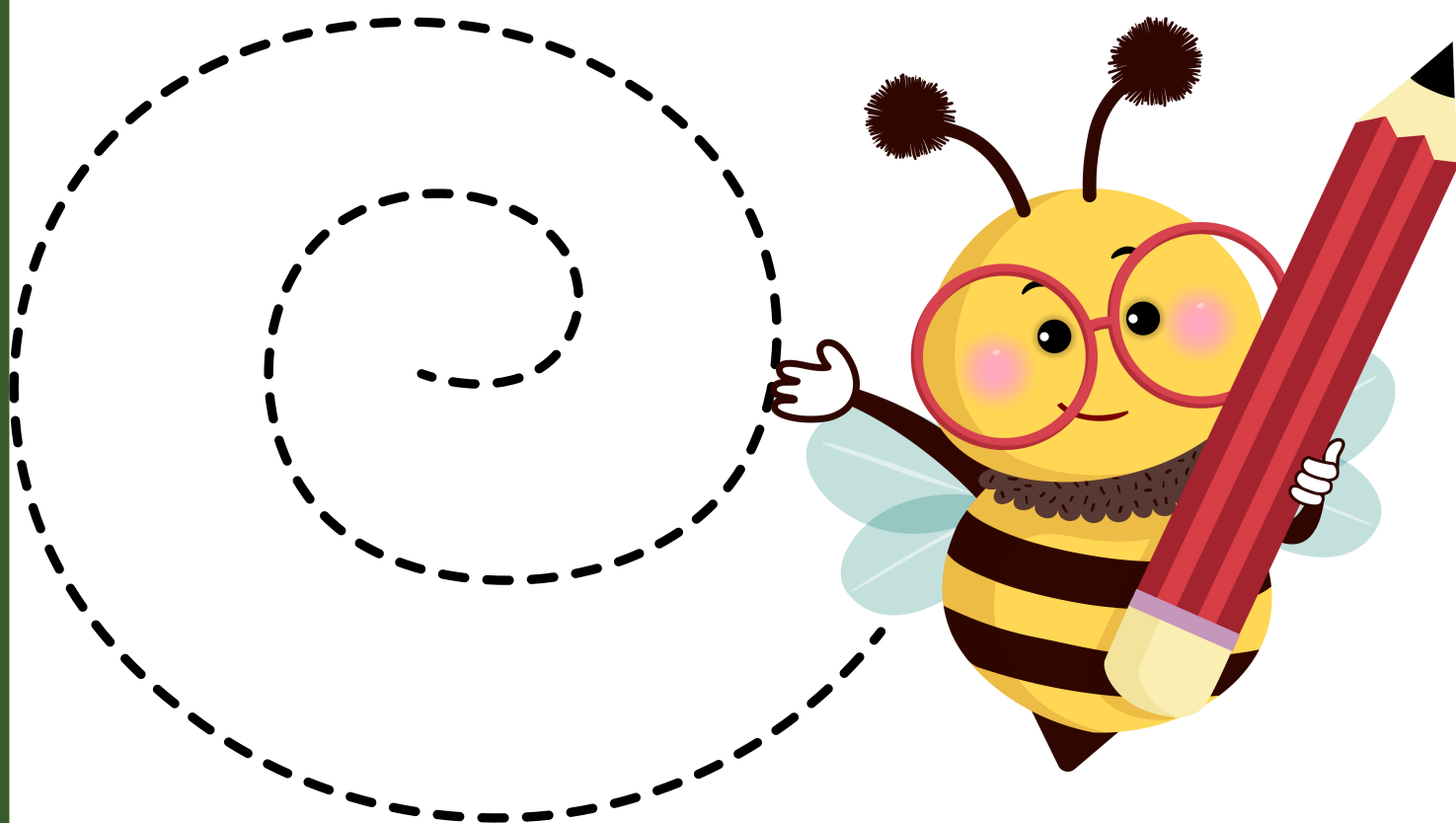


Grafomotorika



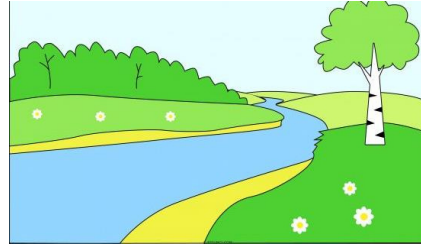
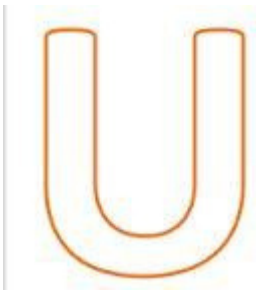
Materiālu veidoja Irēna Saule
Februāris, 2024

Grafomotorika ir noteikta rakstāmās rokas pozīcija un kustības, kas ļauj: zīmēt, krāsot, kopēt vienkāršus rakstus, savienot punktus, pareizi turēt rakstāmo objektu, ietver zīmēšanu, bet precīza uzdevuma ietvaros, grafomotorisko prasmju uzdevumi ietver:

- vizuālā uztvere;
- koncentrēšanās un uzmanība;
- pareizi turēt zīmuli vai pildspalvu;
- atbilstošs pildspalvas spiediens rakstot;
- kustību ritms;
- precizitāte dažādu līniju apvilkšanā;
- motoriskās prasmes.

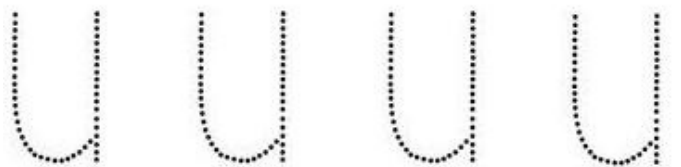
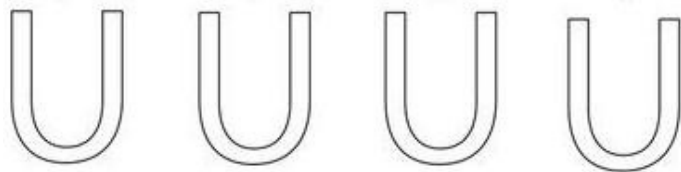
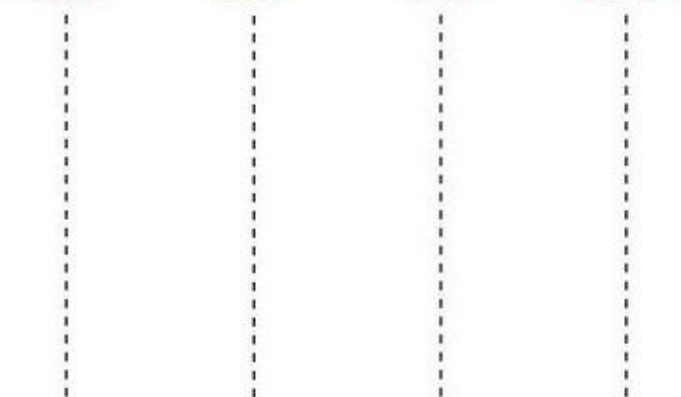
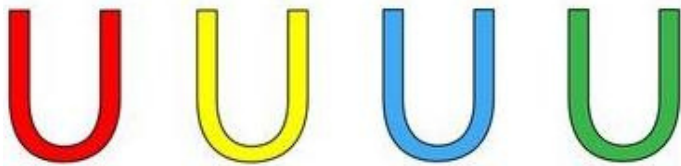
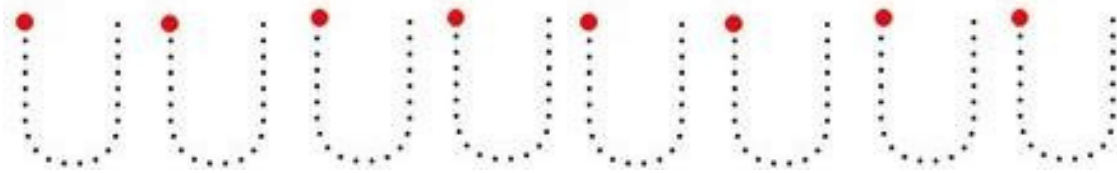
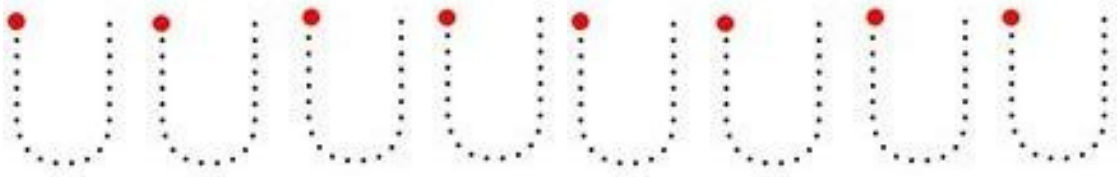
Pareiza līnijas izsekošana, attēla ēnošana, zigzagveida ceļa zīmēšana - šīs darbības pieaugušajiem nesagādā grūtības, ko nevar teikt par bērniem.

Spēja pareizi turēt pildspalvu un zīmuli nodrošina to, ka bērns rakstīs pareizi un skaisti.



U GUNS

U PE



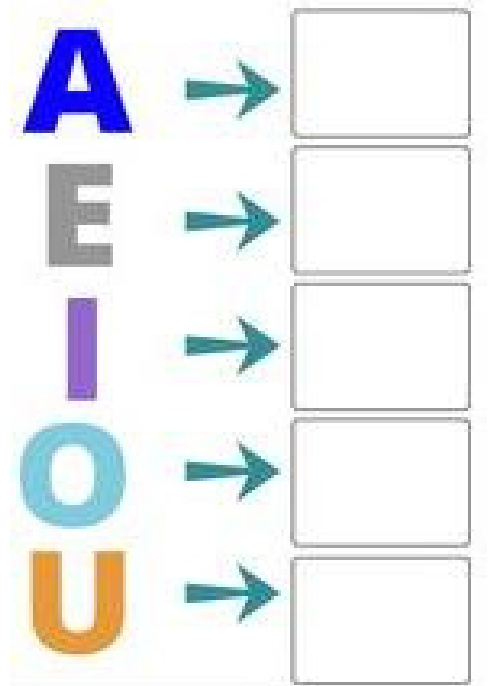
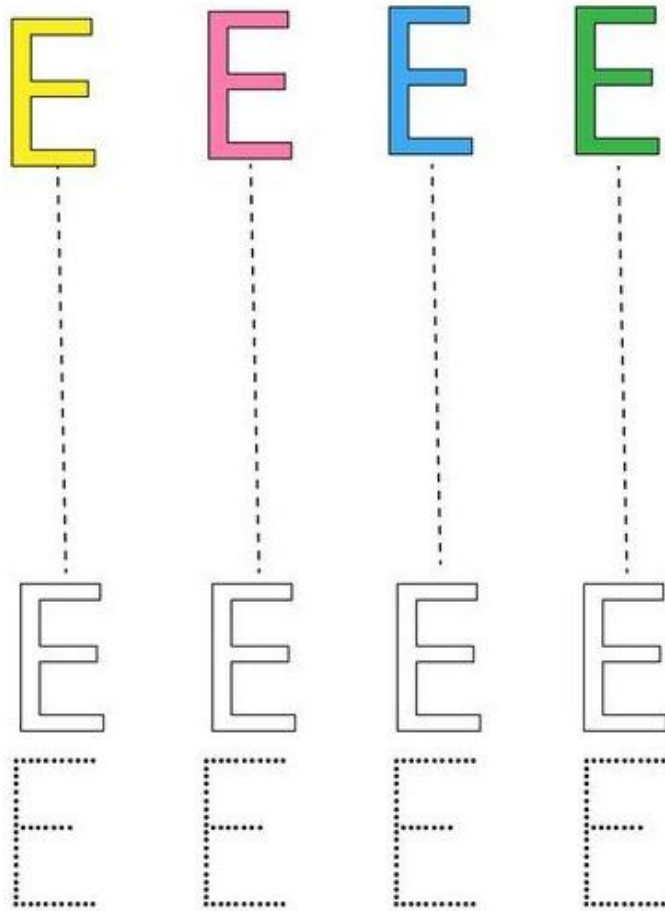
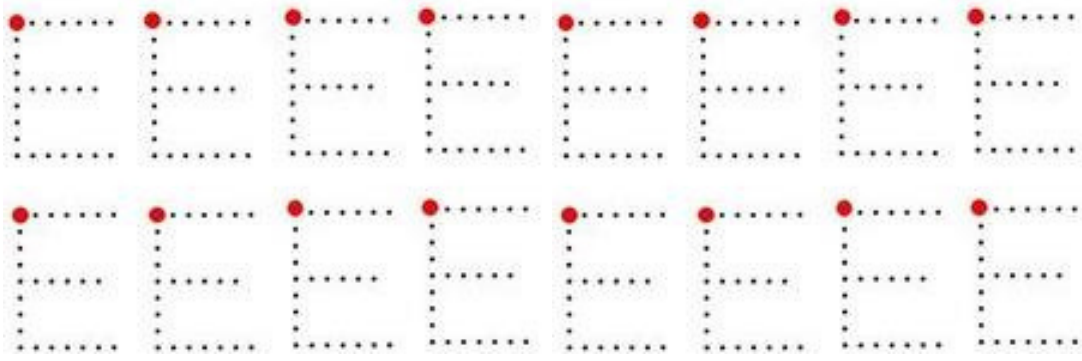
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E GLE

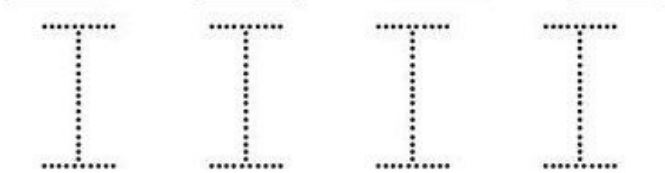
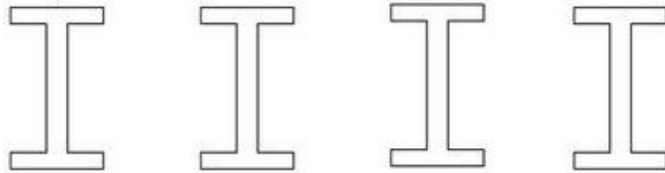
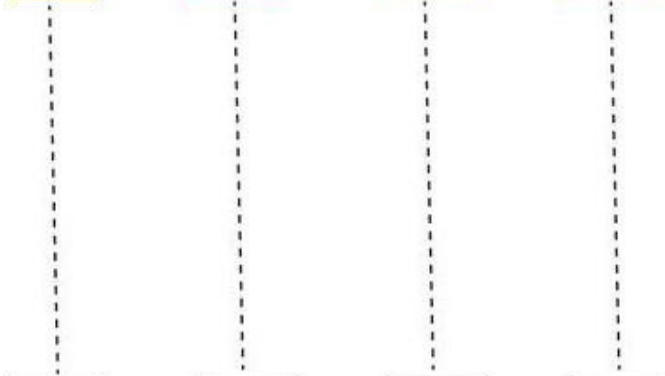
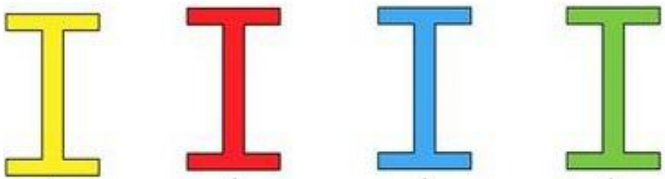
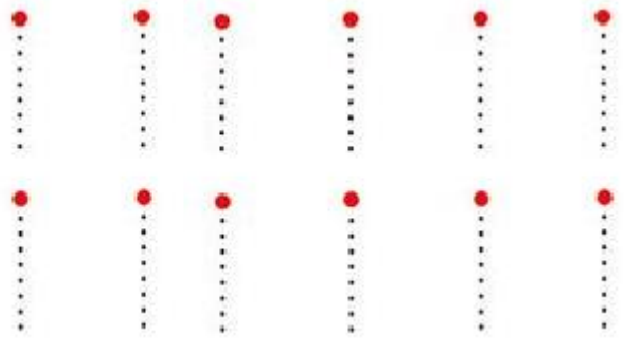
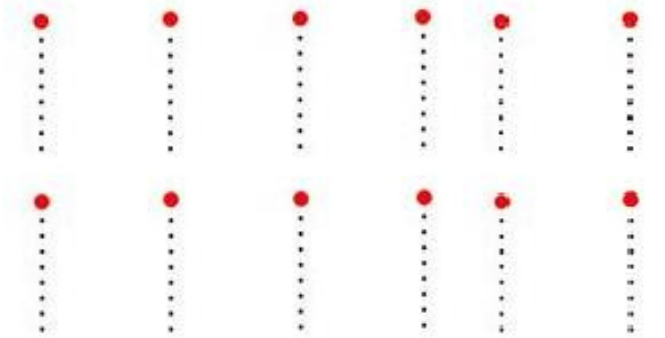
E ZIS



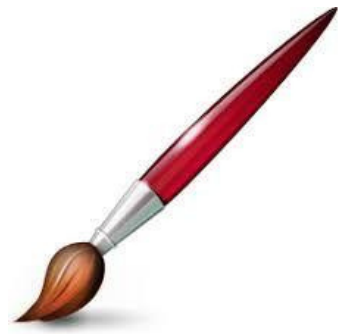
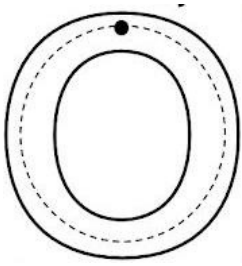


IZKAPTS

INDIĀNIS

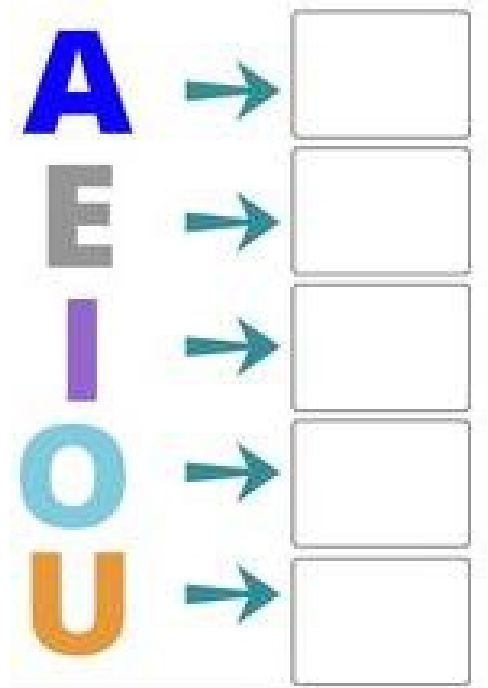
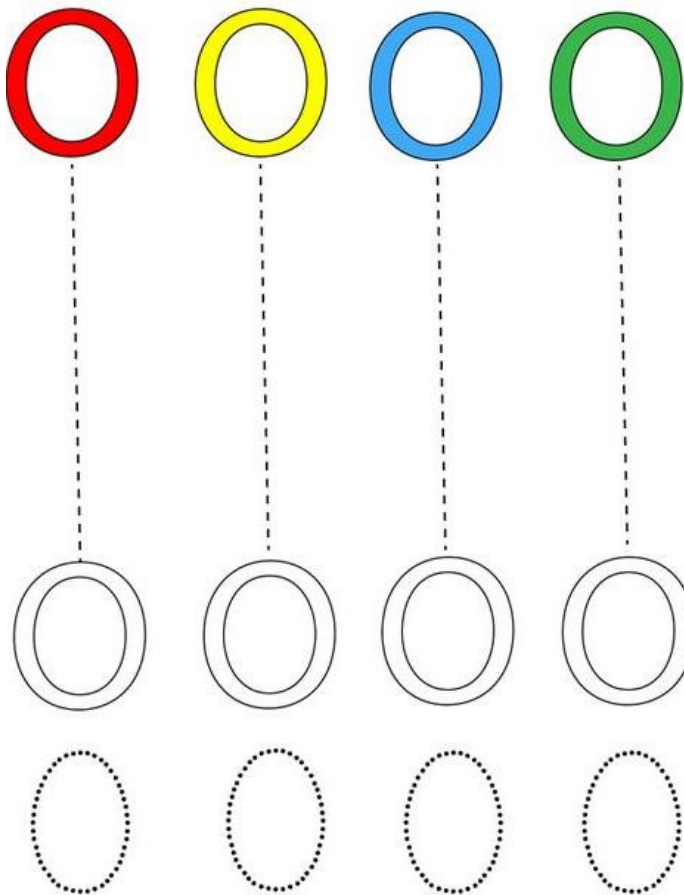
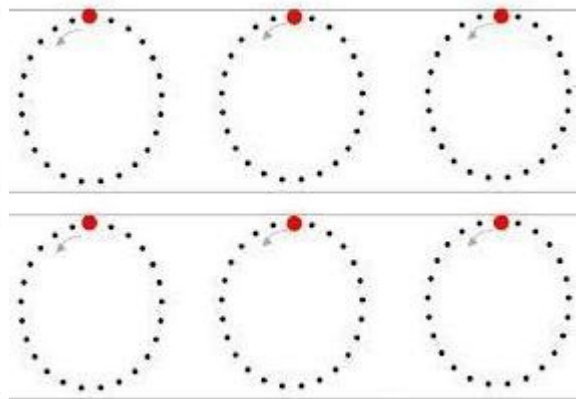
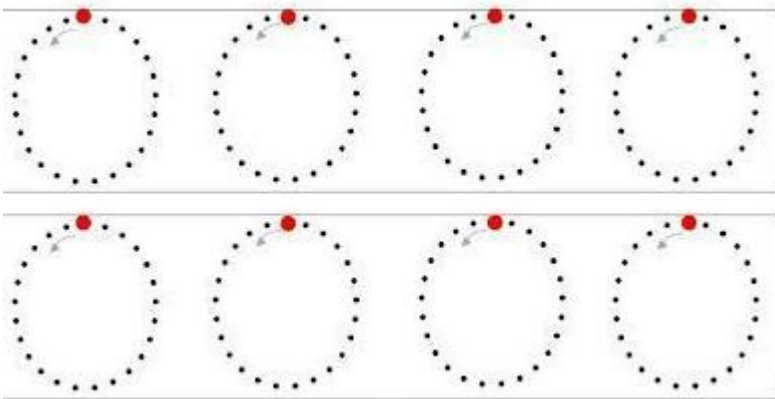


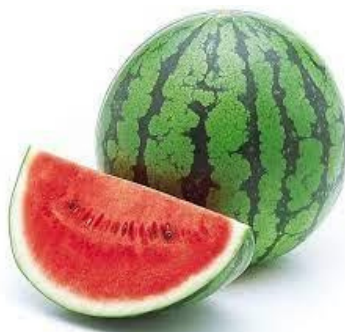
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OLA

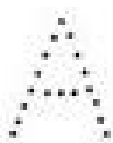
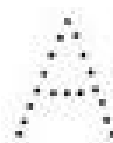
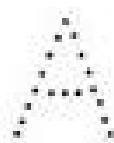
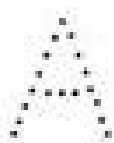
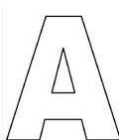
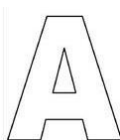
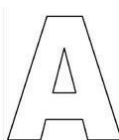
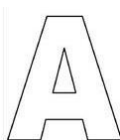
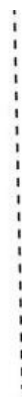
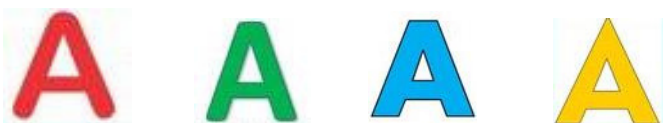
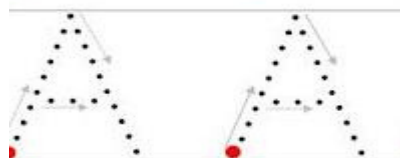
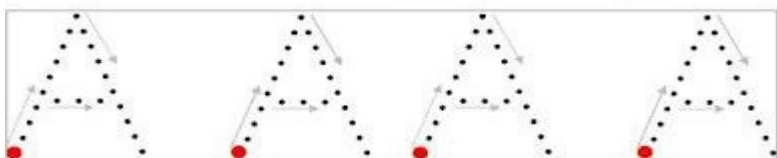
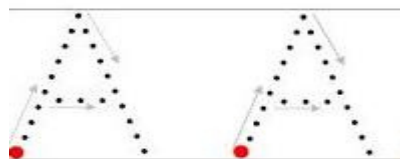
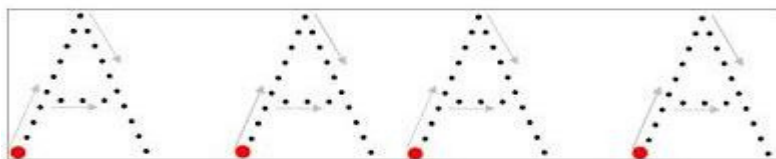
OTA





APELSĪNS

ARBŪZS



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